

TOP QUESTIONS ABOUT HIP REPLACEMENT SURGERY

Each year, millions of adults seek hip replacement surgery to relieve pain and damage within the hip area caused by arthritis, injury, or fracture. Hip replacement surgery is often considered when nonsurgical treatments, such as medications or lifestyle changes, are not effective.

Let's take a closer look at some of the top questions about this procedure.

What exactly is hip replacement surgery?

Hip replacement is a surgical procedure, which removes a painful or damaged hip joint. The hip joint is then replaced with an artificial prosthetic, effectively relieving symptoms and restoring movement to the joint.

What will hip replacement surgery involve?

During the procedure, a patient will first receive anesthesia, which will minimize discomfort. Damaged cartilage and bone will be removed from the joint. The artificial replacement is then placed into the joint, restoring movement there. The hip joint consists of a ball and socket, which are both replaced and cemented into the joint. An artificial replacement is usually made of metal, plastic, or even ceramic.

What conditions does hip replacement surgery treat?

Hip replacement surgery can help adults suffering from various degenerative conditions, such as osteoarthritis or rheumatoid arthritis.

Who is a good candidate for the procedure?

There are no strict age or weight restrictions for hip replacement surgery. However, hip replacement surgery remains far more common among adults between the ages of 50 to 80. Patients who are usually in need of this surgery are experiencing hip pain or stiffness that interferes with their daily activities and movements.

Is hip replacement right for me?

If you are considering having hip replacement surgery, the best way to determine if the procedure is right for you is to speak with your doctor. Your doctor will be able to determine your candidacy by evaluating your medical history, your specific needs, and if the surgery will benefit you.

Hip Replacement Surgery in Hackensack, Emerson, Elmwood Park and Montclair

Contact Active Orthopedics and Sports Medicine to schedule your appointment today. We have offices throughout Bergen and Essex Counties. We can be reached at 1-844-ACTIVE-ORTHO for 24-hour emergency care.